

Borough	Organisation	Address	Website	Key Information
London-wide	Hey Girls	Please find your nearest pick up location for free period products here : https://www.heygirls.co.uk/community-partners/	https://www.heygirls.co.uk/community-partners/	Hey Girls period product donations are delivered across the UK. Please use this link https://myperiod.org.uk/ or the App 'PickUpMyPeriod' to find where free period products are available near you.
Hackney	North London Action for the Homeless	St Paul's Church Hall 7UE, Stoke Newington Rd	https://www.nlah.org.uk/advocacy/	Free meal Monday 12 noon & Wednesday 6pm, showers and haircuts
Camden	Hands On, Hands Out	St. Pancras Church Hall, Euston. 165 Euston Rd., London NW1 2BA	https://www.handsonhandout.co.uk/	Every 3rd Sunday by Euston; hot food, clothing, hygiene products
Tower Hamlets	Whitechapel Mission	212 Whitechapel Road, E1 1BJ	https://homeless.org.uk/homeless-england/service/whitechapel-mission/	Free showers and meals. Also offers free advice services, offering referrals to emergency and longer term housing.
Westminster	Notre Dame	Notre Dame Refugee Centre (London), 16 Leicester Square, WC2H 7BZ	https://www.notredamerc.org.uk/copy-of-services	Free clothes and toiletries. Also provides english lessons and immigration advice.